

# SENIOR NEWS & VIEWS



RIVERVIEW RECREATION

281-4219

JULY 2009

## NUTRITION

### SENIOR HOT LUNCH PROGRAM

The Wayne County Office of Nutrition Services serves hot lunches at the Municipal Building. Lunches are served Monday through Friday at 11:15 am. To be eligible for the hot meal program, you must be 60 years or older. Suggested donation is \$2.25. You must make reservations 24 hours in advance by calling 734-281-4219 ext. 356.

### SENIOR HOME-DELIVERED MEALS

A hot, home delivered meal is available weekdays to seniors 60 years of age or older who are confined to their home. Suggested donation of \$2.25 per meal. A referral can be made by calling The Wayne County Office of Nutrition Services 734-727-7357.

## SENIOR WALKING

City Hall Hallways  
Monday thru Friday  
9:00-10:30 am  
**NO CHARGE**

No walking July 3



## SECRETARY OF STATE MOBILE UNIT

The Mobile Branch Office offers services closer to home. Whether you are changing your address or renewing your driver's license, the Mobile Branch Office is a great option for you. Some transactions can be processed up to six months ahead of time and no extra paperwork is necessary to use the Mobile Branch Office.

City Hall Parking Lot

Tuesday, September 29  
11:00 a.m. - 7:00 p.m.

Wednesday, September 30  
9:00 a.m. - 4:00 p.m.

*Many people will walk in and out of your life, but only true friends will leave footprints in your heart."*

*Eleanor Roosevelt*

*"The best way to cheer yourself is to try to cheer someone else up."*

*Mark Twain*